

Now that you have read the patient booklet for the MINT-ACITRETIN and the Pregnancy Prevention Program and talked with your doctor about MINT-ACITRETIN and its risks, please use this self-evaluation exercise to test your understanding of some of the most important points before you sign the informed consent.

PATIENT SELF EVALULATION

Please choose the best answer for the eight following questions

- 1** It is very important to prevent pregnancy while taking MINT-ACITRETIN because:
 - a. MINT-ACITRETIN may interfere with other prescriptions or treatments that you are taking
 - b. MINT-ACITRETIN may cause birth defects
 - c. Your psoriasis may get worse after MINT-ACITRETIN
 - d. None of the above

- 2** Before I start treatment with MINT-ACITRETIN, it is important that I am not pregnant, or intend to get pregnant so my doctor will ask that:
 - a. I do not have sex with my partner for one month
 - b. I buy a pregnancy home kit to see if I am pregnant
 - c. Two pregnancy tests are done at a laboratory and the results must be negative (indicating I am not pregnant) and the last negative test must not be older than three days before starting to use of MINT-ACITRETIN
 - d. I tell my doctor, I am using birth control

- 3** When I take MINT-ACITRETIN, I must start using two forms of effective birth control:
 - a. At least one month prior to taking MINT-ACITRETIN
 - b. When I start MINT-ACITRETIN
 - c. Only when I have sex
 - d. After my period ends

- 4** I must continue to use two effective forms of birth control:
 - a. Until my psoriasis goes away
 - b. For one year after I stop taking MINT-ACITRETIN
 - c. For two years after I stop taking MINT-ACITRETIN
 - d. For three years after I stop taking MINT-ACITRETIN

- 5** It is important to avoid alcohol while taking MINT-ACITRETIN and for two months after taking MINT-ACITRETIN because:
 - a. It will make my psoriasis worse
 - b. Alcohol can change MINT-ACITRETIN into another substance called etretinate that will last in my body, even longer than MINT-ACITRETIN. This substance, etretinate, also causes birth defects
 - c. Alcohol will interfere with MINT-ACITRETIN and may cause it to be ineffective
 - d. Taking MINT-ACITRETIN and alcohol together will make me sick

- 6** I will not donate blood while taking MINT-ACITRETIN and for three years after stopping MINT-ACITRETIN because:
 - a. I will get a low blood count and feel weak
 - b. It will make my psoriasis worse
 - c. If my blood is given to a pregnant female patient, it may cause birth defects
 - d. None of the above

- 7** True or false? (circle one) T F
See your doctor as scheduled because it is important for your doctor to see you regularly, preferably every month, when you are taking MINT-ACITRETIN. Blood tests and other tests that your doctor will conduct will allow your doctor to check your response to MINT-ACITRETIN. Seeing your doctor as scheduled also gives you a chance to discuss any concerns you may have.

- 8** True or false? (circle one) T F
Avoiding pregnancy during treatment and for three years after taking MINT-ACITRETIN is equally the responsibility of me, my sexual partner, and my doctor.

ANSWERS

1 b is correct

While a and c are both true, the reason pregnancy prevention is required is because MINT-ACITRETIN can cause birth defects including severe birth defects. MINT-ACITRETIN stays in the body for a long time, so you should not get pregnant for at least 3 years after stopping MINT-ACITRETIN treatment. If you plan on becoming pregnant you should NOT take MINT-ACITRETIN.

2 c is correct

It is important to be sure you are not pregnant because MINT-ACITRETIN could harm your developing baby. Your doctor should ensure you are not pregnant by verifying both pregnancy tests have indicated you are not pregnant.

3 a is correct

It is important to be sure you have made the right choice of birth control for you and are comfortable and understand how to use them properly. If you and your doctor have decided MINT-ACITRETIN is right for you starting two forms of birth control at least 1 month before MINT-ACITRETIN is required to minimize the risk of pregnancy.

4 d is correct

Because MINT-ACITRETIN can remain in your body for a long time after you stop taking the drug, the risk of birth defects continues and you must not get pregnant for at least 3 years after stopping MINT-ACITRETIN.

5 b is correct

It is important to avoid alcohol while taking MINT-ACITRETIN and for 2 months after stopping MINT-ACITRETIN because alcohol can change MINT-ACITRETIN into another substance that may also cause birth defects and that lasts in the body for even longer than MINT-ACITRETIN.

6 c is correct

Etretinate that can be formed from MINT-ACITRETIN can be present in your body for up to three years after you have stopped using MINT-ACITRETIN. You should avoid donating blood for three years after stopping your MINT-ACITRETIN.

7 T is correct

When being treated with MINT-ACITRETIN it is important to discuss your overall health with your doctor and inform him or her of any side effects you may be experiencing as they may be related to your medication.

8 F is correct

Only you can truly prevent pregnancy. While your doctor will give you information, refer you to counseling, and encourage you to make the right decision, and your partner's cooperation and support with birth control methods is essential, the success of pregnancy prevention during and after treatment with MINT-ACITRETIN is your responsibility.

RESULTS

Did you get all 8 questions correct? If you got any question wrong, please review the brochure again and make sure you understand. It is important that you discuss any questions or concerns you may have with your doctor before starting treatment with MINT-ACITRETIN. If you are unable or unwilling to abide by the pregnancy prevention program you should discuss alternatives with your doctor.